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SPEAKERS AGENCY

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Dr. Andrea Hollingsworth

Compassionate Agility

Expertise

- Navigating Change
- Company Culture
- Burnout
- Transformational Leadership
- Emotional Intelligence
- Wellness/Mental Health
- Compassion
- Women's Events

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Compassion is trainable, measurable, and backed by more research than most leadership philosophies twice its age--and Dr. Andrea Hollingsworth has spent nearly two decades proving it. Since 2008, she has researched, taught, and published on the science of compassion in life and leadership. This work has taken her from Princeton and Boston University to Cambridge and Heidelberg, and it now informs her collaborations with Fortune 500 companies, healthcare systems, universities, and nonprofits around the globe.

Her case is simple: in a world of change and challenge, compassionate leadership outperforms command and control on the metrics that matter most, including engagement, productivity, retention, trust, and innovation. Dr. Hollingsworth brings this evidence to life through The Compassion Advantage™--her award-winning book and the framework she now teaches to leaders navigating burnout, uncertainty, and the accelerating pressures of an AI-driven workplace.

What sets Dr. Hollingsworth apart is what happens in the room. Trained as a psychotherapist, she meets people as humans first, designing every keynote as a space where audiences laugh, connect, reflect, learn, and practice. Every session includes science, stories, and interactive skill building. Attendees leave having connected with what's best in themselves and others, and with leadership strategies that will sustain them (and their teams) long after the conference.

All this translates into a speaker who's as reliable as she is transformative: rigorous enough to satisfy your most skeptical executives, warm enough to win over a room by minute two, and intentional enough to send your audience home with genuine hope and tools they will really use. If you're looking for a keynote who can turn a 60-minute block of time into the session people talk about for the rest of the conference, Dr. Hollingsworth would love to hear from you.

For Booking Contact

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